

Dynamic Life Counseling

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Joint Family and Individual Counseling RELEASE OF INFORMATION

THERAPIST'S DISCLAIMER and the CONTEXT of this AGREEMENT:

It is standard practice to see different therapists if seeking a variety of treatment modalities. The purpose of this is to retain individual confidentiality, which may be compromised when the "container" of the therapy sessions is more open.

I am a traditionally trained family systems therapist and I believe there is great value in treating the whole family in a variety of ways—by seeing the marital partners, the individuals, or the siblings separately at times, during the course of treatment. This may create situations when secrets are exposed or manipulations are revealed. It is also possible that, in error, I may reveal information to family members when I don't recall who I heard the information from—it happens. For this reason, those who participate in this kind of therapy must agree to a release of information with the other members of the family, to be applied as per my discretion. I WILL NOT retain individual confidentiality when the information is, by my assessment, important information that should be revealed to the family as a whole, or to specific members if more appropriate.

Robin M. Stuart

With this understanding and full comprehension of what this release means, I elect this form of therapeutic treatment. Therefore, my therapy sessions and subsequent impressions, diagnosis or other notes relevant to my treatment, I hereby authorize Robin Stuart, my Marriage and Family Therapist, to release the information to party(ies) herein named in the prescribed fashion as indicated by initials.

This release may be revoked by me in writing at any time.

Any or all information, in any method preferred by Robin Stuart: _____

Documents or records of any kind, without verbal communication: _____

Verbal communication/conversations only, without documents: _____

In writing delivered by telephone, fax, email or mail: _____

(BLOCK PRINTED Name of Client) Signature Date

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