

ROBIN M. STUART, MS, MFT

Executive Director of CHI Recovery, Inc.

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MFT29894; CAQH #11332496

Experience

June 2012 to present **CEO and Executive Director of CHI Recovery, Inc., Sebastopol, CA**

CHI Recovery is a holistic, integrative and Evidenced-Based, Intensive Outpatient Program (IOP) that rocks the status quo and transitions participants successfully towards lifelong emotional, physical, and spiritual health. *Psychology Today* named CHI Recovery “Best in Treatment, 2014.”

August 2010- 2014 **Marriage and Family Therapist, Private Practice**

1/1992 - June 2005

Counties of San Francisco and Sonoma; same focus practice areas as above.

- ◆ **Specialized** client load includes, but not limited to: high-conflict or disengaged couples, family breakdowns and dysfunction, multigenerational and alternative families, high-conflict couples, adults abused as children, addictive disorders and co-dependency, sexual abuse, physical and emotional trauma, court engaged cases, adolescents and young adults.
- ◆ **Additional Certifications** in Family Systems Therapy, Group Facilitation, Somatic Release, Transpersonal Psychotherapy and Cognitive Behavioral Therapy. Preferred treatment modality is “brief therapy” with a coaching approach which is highly directive, working with targeted goals and monitored contracts
- ◆ **Corporate Focus:** Unique private practice history serving corporations for employee mediation and communicative management training, sensitivity training, retreat work, and work with these specific client groups: adoptive or blended families, couples in crisis, reactive “at risk” youth, and incest survivors and their families
- ◆ **Recovery:** Twenty years facilitating recovery groups averaging 8-10 participants per group, covering foundations of understanding addiction, co-dependency, childhood trauma, and core identity
- ◆ **Culturally Sensitive:** Specifically adept at working with diverse populations with direct experience serving Hispanic, African-American, Asian/Island Pacific and LGBT members.
- ◆ **Training Presenter:** Conducted trainings for Victim’s Witness, Parent’s Place, S.F. Rape Crisis, Isla Mujeres, The Women’s Building and Women’s Crisis Management Center, S.F.. Youth at Risk Program, among others; Consultant to S. F. Rape Crisis Center, and various other Parenting and Family Support Centers.
- ◆ **Court Appointed Referral Therapist** for Victim Witness and for the San Francisco Superior Court System and the County of San Francisco Social Services Department, specifically in relationship to drug rehabilitation, domestic violence, disruptive juveniles and domestic batterers. Extensive experience with court mandated treatment and evaluation, implementing treatment schedules, reporting, crisis management and care, comprehensive treatment plans, suicide watch, witness protection and cooperative psych team service care, and informal psychological evaluations.
- ◆ **Guest lecturer** at Stanford, San Francisco State University, San Jose State University, Santa Clara University, and several community colleges.

January 2003 -
December 2003

Sonoma County, Sebastopol, CA

C.E.O. of CHI: Conscious Healing Innovations, Inc., Continuing Education Provider and Staff Educator; certified provider of continuing educational contact hours for Marriage & Family Therapists, Social Workers, Nurses, Acupuncturists, Psychologists, and Certified Alcohol & Drug Abuse Counselors.

Development

- ◆ **Founder of Center for Intelligent Recovery**, a non-profit dedicated to the advancement of evidence-based recovery treatment. 2015
- ◆ **Producer**, Professional Conference, Foundations of Evidence-Based Care: Advancements in Addiction Treatment; The Agatha Furth Center, March, 2015.
- ◆ **Developer and Founder of CHI Recovery, Inc.**, a holistic, integrative Intensive Outpatient Program for substance abuse and mental health disorders. 2012

Recent Speaking Engagements

- ◆ "National Recommendations: So Really, What is Evidence-Based Care?" Professional Conference, Foundations of Evidence-Based Care: Advancements in Addiction Treatment; The Agatha Furth Center, March, 2015.
- ◆ Same Subject, Women's Association for Addiction Treatment: Marin County Chapter, WAAT, 2014
- ◆ Napa Unified School District, Treating Youth for Addictions

Directorships

- ◆ Director of San Jose State University's Women's Center for 3 years
- ◆ Director of Women's Week, 2 years
- ◆ Director of Non-Profit Rape Counseling Centers in San Jose and in San Francisco
- ◆ Director of Recreation at Job Corp, San Jose
- ◆ Director of the "At Risk Youths" summer program in San Francisco, CA

Education and Internships

- ◆ Sonoma County BAR Association, Court-Involved Therapists Training, 1st year completed, 2014; Dana Schneider, Instructor
- ◆ San Francisco Lighthouse for the Blind
- ◆ San Francisco Transpersonal Counseling Center

Education and Licensing

September 1992

- ◆ Sacramento County, Sacramento, CA
- ◆ Awarded California Board of Behavioral Sciences License: MFT29894
San Francisco State University, San Francisco, CA
- ◆ Awarded MS Degree in Education, Marriage & Family Counseling Emphasis, June 1987
- ◆ Bestowed with the Distinguished Student Award, June 1984, San Jose State University
- ◆ Awarded BS Degree in Women's Studies, Minor in Theater Arts, San Jose State University
- ◆ Dean's Honor List, all years of college
- ◆ Distinguished Student Award, SFSU, Master's Studies
- ◆ Awarded the National Women's Studies Assoc. Scholarship for Exceptional Contribution

Certifications and Additional Training

- ◆ Somatic Release Work, 1500 hours
- ◆ Cognitive Behavioral Therapy, 300 hours
- ◆ Transpersonal Therapy, 600 hours
- ◆ Incest treatment specific, 50 hours
- ◆ Addiction Disorders 230 (and growing) hours
- ◆ Total Continuing Education, 650 hours.